

Coaching at Work



Coaching at Work Series of Masterclasses 2021

Stepping up in terms of your self-understanding as a professional coach: define your next challenge

Tatiana Bachkirova

Date: Tuesday 19th January 2021 (Half Day)

Venue: Online Zoom Platform

Timings: 10:00 am – 1:00 pm



MASTERCLASS AIMS AND OBJECTIVES

During this event you will be able to:

- Engage with the idea of self-understanding that determines the quality of coaching
- Familiarise yourself with three levels of self-understanding as a coach
- Explore your main challenges in relation to each level
- Experiment with some means of increasing self-understanding
- Define your unique trajectory of self-understanding as a coach

These aims will be reached by engaging with new ideas and concepts in different ways: presenter input, group discussions, experimenting in pairs and prompts for self-reflection.

MASTERCLASS CONTENT

The content of this event is based on the presenter's substantial expertise as coach educator, researcher and supervisor. This particular workshop is built on the conceptual work described in her recent publications about the self of the coach, developmental trajectory in coaching work, pluralistic approach to supervision and what is involved in reaching in-depth self-understanding required for professional coaches.

TATIANA BACHKIROVA is Professor of Coaching Psychology and Director of the International Centre for Coaching and Mentoring Studies at Oxford Brookes University, UK. As an academic she is known for supervising a large number of PhD students. As a practitioner she supervises many coaches and developing new supervisors through the internationally renowned programme of Advanced Study in Coaching Supervision. As an active researcher she published many research articles, book chapters and books, including the *Complete Handbook of Coaching* (2010 and 2014), *Coaching and Mentoring Supervision: Theory and Practice* (2011), *Developmental Coaching: Working with the Self* (2011) and *The SAGE Handbook of Coaching* (2017). As the result of all the above Tatiana is a recognised author, international speaker and holder of various awards.

LOGISTICS

FEES

Half-day price:
£34.99 (subscriber),
£49.99 (non-subscriber)
All prices include VAT

Groups of 3+ :
A further 5% discount is available

BOOKING PROCEDURE

Please fill in an application form on-line at:
www.coaching-at-work.com/masterclasses