

Coaching at Work annual conference – 5th July 2017, London

Coaching
at Work

Culture and Challenge

Coaching and mentoring to challenge,
shift and embrace cultures

Coaching at Work Annual Conference 5th July 2017 Holiday Inn, Bloomsbury, London

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Living Practices for Navigating Emergent Change

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Research

- 60+ leaders and practitioners shared their stories through one to one interviews or action research groups
- They had all been introduced to embodied learning
- Everyone worked either in or with an organisation
- All were seeking to effectively navigate this space of emergence
- Their stories revealed that by focusing on their inner state they built the capacity to:
 - lead from purpose
 - build trust with others
 - collaborate effectively, leveraging the power of the collective
 - embrace conflict as a space of possibility
 - mobilise others to action

Swarovski

When a senior leadership team embodies an authentic leadership presence that cultivates trust, it becomes the foundation for leading emergent change

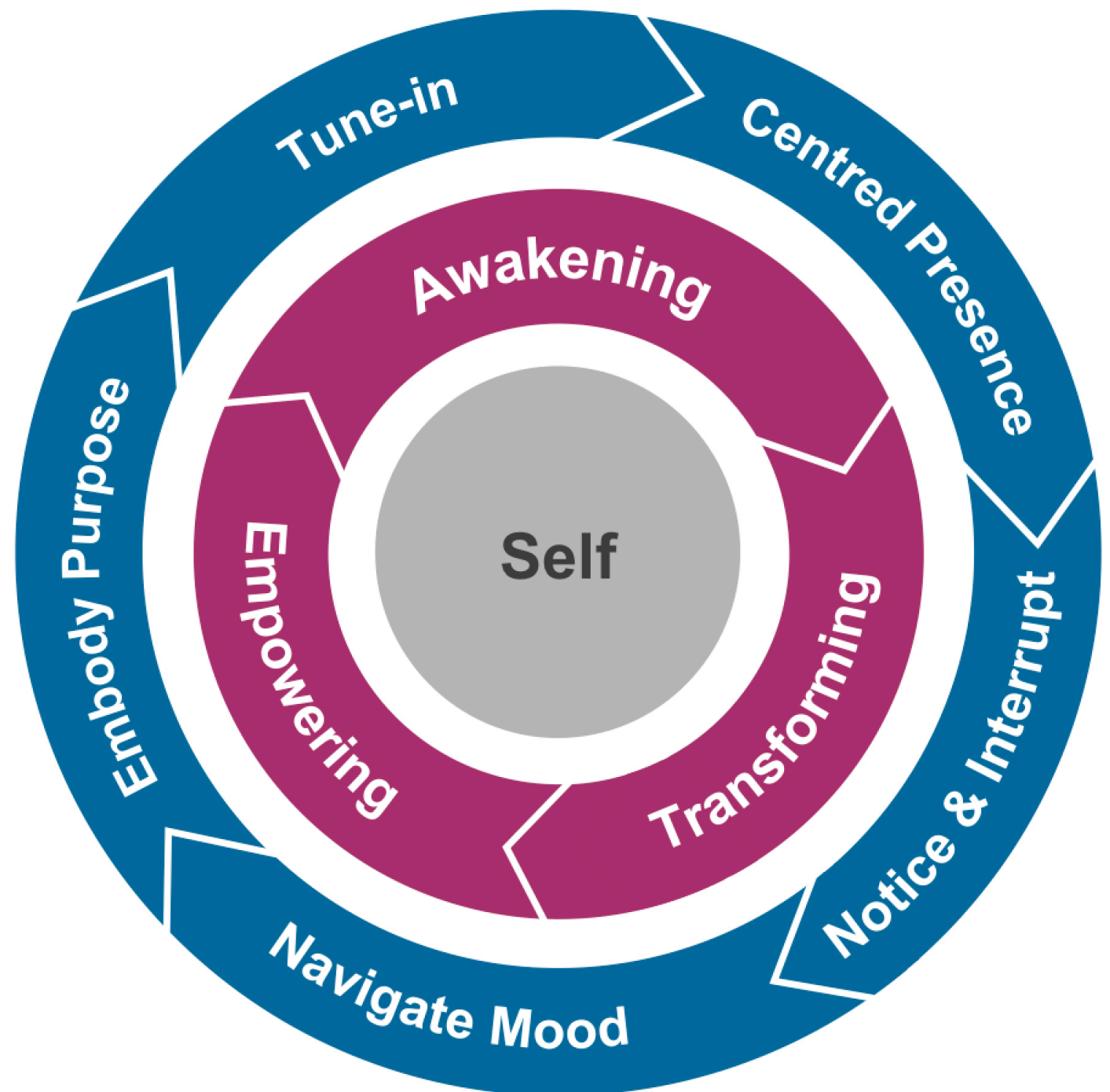
News UK

Harnessing the warrior spirit to work
through a highly volatile situation while
embodying compassion and care supports
powerful action

Leadership is a practice; it is what we choose to practice individually and collectively that shapes the leadership culture. Shifting our leadership practices allows us to shift the culture

Living Practices

- The embodied learning journey moves us through awakening, transforming to empowering
- From the research we distilled a number of practices that enable people to effectively navigate emergent change



When we have the courage to show up
in the fullness of our humanity it allows
others to do the same

“We’re only human after all”