

Coaching at Work



Coaching at Work Series of Masterclasses 2018

Evidence-based Coaching: Deepening Our Understanding, Extending Our Practice

Anthony Grant

Seminar date: Thursday 9th August 2018

Venue: The BPS London Offices

Timings: 10.00am – 5.00pm

MASTERCLASS OUTLINE:

Too often as coaches we plough on in our work without having the opportunity to truly extend our perspectives and practices and to ground those on a solid foundation. This Masterclass presents the core components of an evidence-based approach to coaching as developed at the world-renowned University of Sydney's Coaching Psychology Unit, and will extend coaching practitioners' understanding in terms of coaching models and skills practice. In this Masterclass you will explore simple but powerful coaching models and practices which are solidly evidence-based and that will add real depth to your coaching practice. Pre-readings will be supplied. This is a rare opportunity to work with Professor Anthony Grant from the University of Sydney's Coaching Psychology Unit and to develop both your theoretical understanding and your coaching skill set.

MASTERCLASS AIMS:

The aim is to extend and develop your skills and understanding of Evidence-based Coaching, and how to translate evidence-based theory into coaching models and actual coaching practice.

MASTERCLASS CONTENT:

Each part of the Masterclass incorporates intensive coaching skills practice with a solid theory foundation:

Understanding Evidenced-based Coaching and why an evidence-base matters to you and your client; Three Types of Coaching and how to avoid common pitfalls; Connecting with the Client - the Three Reflective Spaces Model; Extending Solution-focused Perspectives - the Steps to Solutions Model; Expanding the Use of CBT in Coaching Practice - Solution-focused CBT and the House of Change Model; Rethinking Coaching Session Structures beyond GROW: Refining your coaching skills using the Reflection-in-Practice Approach as a developmental tool; Clarifying and Developing and Q & A session.



PROFESSOR ANTHONY GRANT is globally recognised as a key pioneer of Coaching Psychology and evidence-based approaches to coaching. He holds a BA (Hons), an MA in Behavioural Science and a PhD on Coaching Psychology. In January 2000 Anthony established the world's first Coaching Psychology Unit at Sydney University where he is the Director of the Coaching Psychology Unit. He has over 100 coaching-related publications and over 5000 hours of coaching experience as well as extensive organisational consulting experience on leadership and coaching issues. He is a Visiting Professor at Oxford Brookes University and Henley Business School and an Associate Fellow at the Saïd School of Business, Oxford University. In 2007 Anthony was awarded the British Psychological Society Award for outstanding professional and scientific contribution to Coaching Psychology. He has gone on to achieve many further awards including the "Vision of Excellence Award" from the Institute of Coaching at Harvard (2009), a Scientist in Residence for the ABC - the Australian National Broadcaster (2014), the Australian Psychological Society "Workplace Excellence Award for Coaching and Leadership" (2016) and the "Contribution to Coaching Award" from Reading University's Henley Business School (2017).

LOGISTICS

VENUE

The event is held at The British Psychological Society, London Offices, 30 Tabernacle Street, London, EC2A 4UE

DATE

Thursday 9th August 2018

TIME

The masterclass runs from 10.00am to 5.00pm.

FEES

£199.99 incl VAT (for non-subscribers)

£169.99 incl VAT (for subscribers)

BOOKING PROCEDURE

Please fill in an application form on-line at: www.coaching-at-work.com/masterclasses

CATERING

Tea and coffee is provided throughout the day. Lunch will also be provided. Please advise of any special dietary requirements when booking.