

Coaching at Work



Coaching at Work Series of Masterclasses 2017

Coaching to the Soul – Going Beyond Goals and Techniques

Aboodi Shabi

Seminar date: Thursday 9th March 2017

Venue: The BPS London Offices

Timings: 10.00am – 5.00pm

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MASTERCLASS OUTLINE:

In this masterclass, we will look at how to deepen our capacity to be present to the client, to listen beyond their goals, and to go beyond our techniques in order to serve the client in discovering an authentic articulation of who they are.

MASTERCLASS AIMS & OBJECTIVES:

This will be a thought provoking and stimulating workshop, offering questions and new perspectives about coaching and the world in which we do our work.

The day will be highly experiential with plenty of coaching and reflective exercises and will cover the relevance of coaching in our times, working with moods and emotions in coaching, working with the body in coaching, and the use and management of self in coaching.

MASTERCLASS CONTENT:

In our increasingly rational culture, we have learned to invalidate that which can't be measured or analysed. We don't value that which makes no sense, or has no apparent purpose and become fixated on external goals.

At the same time, people are hungry to find connection and purpose in life, and to make sense of a rapidly changing world. In that context, coaching needs to be about far more than merely using our techniques to help people achieve their goals.

The human soul doesn't need to be fixed or told what to do next, or given a solution. The human soul longs, perhaps even more than anything else, to express itself and be heard or seen. For that to happen, coaching needs to go beyond the skin-deep.

In this masterclass, we'll be exploring how we as coaches can develop our capacity to be truly present to others and support them in these deeper questions.



ABOODI SHABI: Born in London of Iraqi Jewish and Lebanese Christian parents, and with a degree in philosophy and politics, Aboodi has a sensitive antenna for different perspectives and a deep curiosity and understanding about people and what makes them tick. He continues to bring this "outsider's" perspective to his work today, challenging the status quo to bring new perspectives and transformational thinking to his clients and students.

Aboodi has trained with Coach University, Coach Training Institute, New Ventures West, and Strozzio Institute, as well as Newfield Network, where he served as a programme coach and full course leader. He holds the ICF Professional Certified Coach credential, and is a Newfield Certified Ontological Coach. He has worked with, and trained, thousands of coaches all over the world, and is a regular speaker at coaching events globally. He is a Fellow of the RSA, and on the editorial board of Coaching at Work magazine.

LOGISTICS

VENUE

The event is held at The British Psychological Society, London Offices, 30 Tabernacle Street, London, EC2A 4UE

DATE

Thursday 9th March 2017

TIME

The masterclass runs from 10.00am to 5.00pm.

FEES

£197.00 incl VAT (for non-subscribers)

£167.00 incl VAT (for subscribers)

BOOKING PROCEDURE

Please fill in an application form on-line at: www.coaching-at-work/masterclasses

CATERING

Tea and coffee is provided throughout the day. Lunch will also be provided. Please advise of any special dietary requirements on booking.

www.aboodishabi.com