

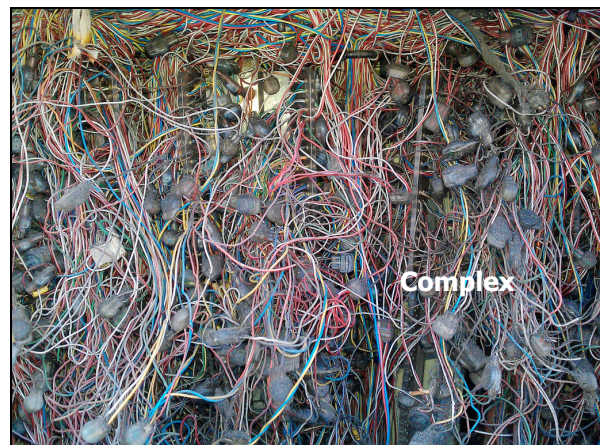
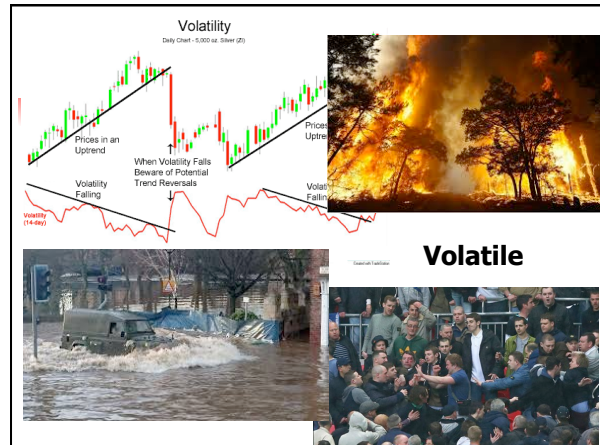
Keep a Green Tree in your Heart...

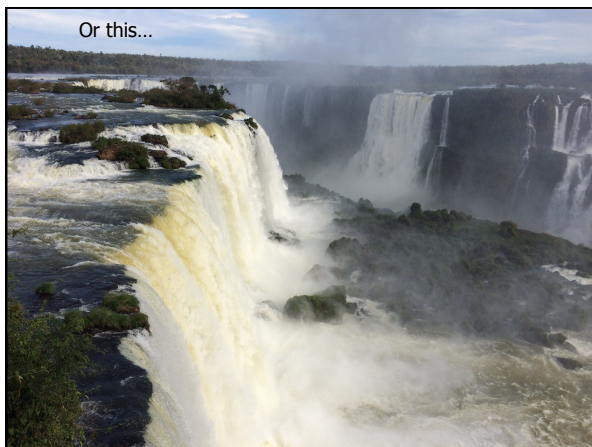
Coaching for a VUCA World

Hetty Einzig

Coaching at Work Annual Conference

6 July 2016





Impact of VUCA

- Anxiety vs Fear
- Stress inhabits us
- 'Perverse Organisations'

What is Coaching for?

'To be truly radical is to make hope possible rather than despair convincing'

Raymond Williams



Coaching Comes of Age

New Generation Coaching is about:

- Partnership – commitment & collaboration
- Systemic mindset – complexity & interdependence
- Secular spirituality – values & meaning
- Purpose – contribution to global challenges

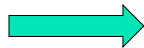
How?

- Joy – key antidote to anxiety
- Values – knowing what we stand for
- Language – metaphors and narratives
- Embodiment – engage love & will



Regenerative Business

- Reparative
- Regenerative
- Risk
- Resilience



'Positive Deviants'

Positive Drivers for Change

- Millennials
- Women
- 'Third Actors'

From VUCA to VALUES

Mind-Heart-Spirit

- Values
- Understanding
- Creativity
- Awareness

Embodied

- Vulnerable
- Unfixed
- Centred
- Attentive

What Values?

