

# Welcome to the Coaching and Mentoring at Work conference

2<sup>nd</sup> July 2013

#### Conference Sponsors































## Conference Programme

TIME	SUITE	SESSION NAME AND DESCRIPTION	SPEAKERS
8.30		Registration	
9.20	TURNER	Introductions & welcome	Liz Hall
9.30	TURNER	KEYNOTE 1: An interactive keynote on applied neuroscience & coaching: What do you want to know about the brain and coaching?	Professor Paul Brown
10.20	TURNER	CASE STUDY 1: Santander: Empowering the business to understand its talent and to drive real life development	Caroline Curtis
	BOOKER	WORKSHOP 1a: Mindfulness-based supervision – Working the edges of vulnerability	Graham Lee
	DIPLOMA	WORKSHOP 1b: Coaching-therapy	Debra Jinks
11.20		Tea & coffee (& exhibitions)	
11.35	TURNER	CASE STUDY 2: Asda: Coaching & mentoring at Asda	Maria Salkeld & Nicki Seignot
	BOOKER	WORKSHOP 2a: Creative supervision. What do we know that we didn't know we knew? Working with metaphor in coaching supervision to gain new awareness in a coaching relationship.	Alison Hodge
	DIPLOMA	WORKSHOP 2b: Coaching in Education: Theory and research into practice	Dr Christian van Nieuwerburgh



## Conference programme

12.35		LUNCH (& exhibitions)	
1:35	TURNER	KEYNOTE 2: Goal free and down to earth: a personal odyssey	David Megginson
2.25	TURNER	WORKSHOP 3a: Neuroscience masterclass: Bring your difficult case material to explore from a brain-based point of view	Professor Paul Brown
	DIPLOMA	WORKSHOP 3b: Health and Wellness Coaching: The secret of the RICk Principle™	Janette Gale
	BOOKER	WORKSHOP 3c: KPMG: Team Coaching: a fresh look at the building blocks of (your) team coaching practice.	Louise Buckle & Annette Gardner
3.25		Tea & coffee (& exhibitions)	
3.45	DIPLOMA	CASE STUDY 3: GlaxoSmithKline: Coaching in action	Sally Bonneywell
	TURNER	WORKSHOP 4a: Developing Resilience and Mental Toughness – Dealing with challenging times with a positive mind-set	Doug Strycharczyk
	BOOKER	WORKSHOP 4b: Coming back to Centre	Dr Eunice Aquilina
4.45	TURNER	KEYNOTE 3: The "Aha!" moment in Coaching	Dr Christian van Nieuwerburgh
5.30		CLOSE	



#### Prize Draw

- Oxygen Insurance one year's FREE insurance
- Open University Press £50 worth of FREE books
- Centre for Coaching a signed copy of Solution Focused Coaching in Practice by Bill O'Connell, Stephen Palmer and Helen Williams (2012)
- Kogan Page a copy of Mindful Coaching: How Mindfulness can transform coaching practice by Liz Hall (2013)
- Kogan Page a copy of How to deal with stress (3<sup>rd</sup> ed) by Stephen Palmer and Cary Cooper (2013)



# Coaching at Work Masterclasses

Coaching at Work is pleased to announce a new series of one-day masterclasses.

20th September 2013 The Art of Masterful Coaching – coaching

beyond techniques

Facilitator: Aboodi Shabi

23rd October 2013 Increase your coaching effectiveness through

the power of your presence

Facilitator: Dr Eunice Aquilina

16th December 2013 Mindfulness in Coaching

Facilitator: Liz Hall



### Coaching at Work Awards

#### Best Thought Leadership Article 2013

Winners: Neil Scotton and Alister Scott

for their series on making a difference (Volume 7 Issues 1-3) and their Three Minutes to Midnight columns (Volume 7, Issues 5-6; Volume 8 Issue 1-3)

2<sup>nd</sup> place: Tatiana Bachkirova

for "Guiding Lights" (Vol 6 Issue 5)

#### Commended:

Bob Garvey for "Ethical frameworks", (Volume 8, Issue 2)

Aboodi Shabi for "Choice words" (Volume 7, Issue 5)

Hetty Einzig for "Beast within" (Volume 3, Issue 3)



#### Coaching at Work Awards

**Best Practical Article 2013** 

Winner: Katherine Long

for "Symbolic Gestures" (Volume 7 Issue 1)

2<sup>nd</sup> place: Graham Lee

for "Mindful Insights" (Volume 8 Issue 1)

#### Commended:

Dr Eunice Aquilina for "The Dance of Trust", (Volume 8, Issue 3)

Janet Evans for "How to coach creative people" (Volume 7, Issue 1)

Barbara Moyes for "Express yourself" (Volume 8, Issue 2)

