



## Coaching at Work Series of Masterclasses 2016

# An Introduction to Systemic Coaching and Constellations

## John Whittington

**Date:** Thursday 12th May 2016

**Venue:** The BPS London Offices

**Timings:** 10.00am – 5.00pm



### WORKSHOP CONTENT:

This masterclass is designed to provide an experiential introduction to the application of systemic constellations in all areas of coaching and leadership. The day will appeal to coaches and others who would like to experience the impact constellations can make to the flow of relationship systems. You may want to observe and learn, or bring issues and questions. You may simply want to experience the benefits of constellations at first hand.

### WORKSHOP OBJECTIVES:

The aim of this workshop is to provide participants with a direct, somatic experience of the organising principles which resource and limit systems. It will provide a comprehensive introduction and include guidance on next steps for those who wish to train in the approach and integrate it into their professional practice.

### WORKSHOP SUBJECT:

The group will be offered experiential exercises and whole group constellations, along with explanation and informal teaching on the subject areas and questions that emerge.

In several different ways there will be opportunities to explore current issues, dilemmas and challenges.

The day also includes opportunities to learn about:

- ⊙ The principles of healthy relationship systems
- ⊙ The impact of acknowledging what is
- ⊙ Systemic loyalties and dynamics
- ⊙ Whole system organisational health
- ⊙ The application of constellations in personal, leadership and organisational work

**JOHN WHITTINGTON** is a personal, leadership and organisational development coach working with entrepreneurs, executive leaders and teams in multiple industry sectors and systems. He facilitates systemic constellations in corporate settings with individuals, teams and large groups and teaches systemic coaching with constellations worldwide.

He is fascinated by how coaches can support the emergence of enduring whole system organizational health, how systemic leadership can be supported and the application of constellations in coaching and organizational development.

He is keen to support the development of 'coaching with the system in mind' so that problems are not resolved at the individual or team level alone, only to reappear elsewhere, but are resolved at the level of the system.

John's book, 'Systemic Coaching and Constellations. An introduction to the Principles, Practices and Application' was published by Kogan Page in 2012. This was published in 2nd Edition in January 2016

### LOGISTICS

#### VENUE

The event is held at The British Psychological Society, London Offices, 30 Tabernacle Street, London, EC2A 4UE

#### DATE

Thursday 12th May 2016

#### TIME

The masterclass runs from 10.00am to 5.00pm.

#### FEES

£232.00 incl VAT (for non-subscribers); £197.00 incl VAT (for subscribers)

#### BOOKING PROCEDURE

Please fill in an application form on-line at: [www.coaching-at-work/masterclasses](http://www.coaching-at-work/masterclasses)

#### CATERING

Tea and coffee is provided throughout the day. Lunch will also be provided. Please advise of any special dietary requirements when booking.